

# 1 Page AT A TIME



ADAM J. KURTZ  
(SOME GUY)

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### Book details

- Author : Adam J. Kurtz
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### Book Synopsis

Every day is a chance to create something new for yourself. Put down your phone and pick up a pencil. Give yourself some space. The Internet will still be there. Start with one page at a time, and you'll be surprised at just how much you can create. Each of the 365 prompts in 1 Page at a Time will encourage you to draw, write, list, reflect, and share. It's a journal, scrapbook & anything else. This book is your new best friend. It's whatever you say it is. Slowly fill the book and by the time it's done, you'll have a perfect keepsake of the year you made it through. Over 100,000 copies sold! Now available in red, blue, and yellow covers. \*\*\* THINGS ARE WHAT YOU MAKE OF THEM: Life Advice For Creatives - Insights and inspiration for anyone who makes art (or anything else), from the popular author of 1 Page at a Time and Pick Me Up. Available October 2017.